



# MASSACHUSETTS GENERAL HOSPITAL.

## MCLEAN ASYLUM

### TRAINING SCHOOL FOR NURSES.

The Trustees of the Massachusetts General Hospital, having established at the McLean Asylum for the Insane a School for Nurses, offer to give to women desirous of becoming professional nurses a two years' course of training in general nursing, with special reference to the care of cases of nervous and mental disease.

Those wishing to receive such a course of instruction must apply to the Superintendent of the McLean Asylum, Somerville, Mass.

The most desirable age for candidates is from twenty-one to thirty-five years. *They must be in sound health, and must send with their application a certificate from a physician certifying to the fact; also, one from some responsible person as to their good character and good health.* Upon the recommendation of the Superintendent of the Hospital and the approval of the Trustees, they will be received for two months on probation, at the expiration of which time they will, if accepted, sign an agreement to complete the prescribed course of two years.

The Superintendent of Nurses has charge of the Training School, under the authority of the Superintendent of the Asylum and of the Board of Trustees; and the Nurses are subject to the rules of the Asylum. Their fitness for the work and the propriety of retaining or dismissing them at the end of the two months of trial is determined by the authorities in charge of the School, under the direction of the Trustees; and the same authorities can in like manner discharge them at any time in case of misconduct or inefficiency. They reside in the Asylum and serve as assistant nurses in its wards.

All nurses are required to be sober, honest, truthful, trustworthy, punctual, quiet, orderly, cleanly, neat, patient, kind, and cheerful.

The instruction includes the general care of the sick; the managing of helpless patients in bed, in moving, changing bed and body linen, making of beds, etc.; giving baths, keeping patients warm or cool, preventing and dressing bed sores; bandaging, applying of fomentations, poultices, and minor dressings; the preparing and serving of food, the feeding of helpless patients and those who refuse food; the administering of enemas and use of the catheter; attendance upon patients requiring diversion and companionship; the observation of mental symptoms, delusions, hallucinations, delirium, stupor, etc.; and the care of excited, violent and suicidal patients.

They are also given instruction in the best practical methods of supplying fresh air, warming and ventilating sick-rooms in a proper manner, and are taught to take proper care of rooms and wards, in keeping all utensils perfectly clean and disinfected, etc.; to observe the sick accurately in regard to the state of the secretions, pulse, breathing, skin, temperature, sleep, appetite, effect of diet, of stimulants, and medicine; the giving of massage, and the managing of convalescents.

The instruction is given mainly by the Superintendent of the Training School, and by the Supervisor and Head Nurses. Lectures and demonstrations will be given, at stated periods, by the Asylum Medical Staff. Examinations, chiefly upon practical points, take place from time to time.

The pupils are employed as assistant nurses in the wards of the Asylum. They will be paid twelve dollars (\$12) per month during the first year, and fifteen dollars (\$15) per month during the second year, for their clothing and personal expenses. Their education during this time is considered as compensation for their services. Women graduates will be paid twenty-five dollars (\$25) per month.

They are required to wear at all times, while on duty in the wards, the Asylum uniform dress.

When the full term of two years is completed, the nurses thus trained receive (after final examinations) diplomas certifying to their period of training, their proficiency and good character.

The right is reserved to terminate the connection of any nurse or pupil with the School, for any reason which may be deemed sufficient.

A graduate of this School, who wishes to have additional practical experience and instruction in general nursing, has the privilege, under certain restrictions, of entering the Boston Training School for Nurses at the Massachusetts General Hospital. Such graduates will, after one year's satisfactory study, receive the diploma from that School, in addition to the diploma received from the McLean Asylum Training School.

*N.B.—This paper to be filled in (in the Candidate's own hand-writing), and sent  
the Superintendent of McLean Asylum, Somerville, Mass.*

QUESTIONS TO BE ANSWERED BY CANDIDATE.

1. Name in full of Candidate.
2. Are you single, married or a widow?
3. Your present occupation or employment?
4. Age last birthday, and date and place of birth? {
5. Height? Weight?
6. In what school or schools educated, and in what place? {
7. Are you strong and healthy, and have you always been so? {
8. Are your sight and hearing perfect?
9. Have you any physical defects?
10. Have you any tendency to pulmonary complaint? {
11. If a widow, have you children? How many? Their ages? How provided for? {
12. Are you otherwise free from domestic responsibility, so that you are not liable to be called away? {
13. Where (if any) was your last situation, and how long were you in it? {
14. Have you ever been in any training School, or employed in any Hospital or Asylum? {  
If so, where, and how long in each place?
15. The names in full and addresses of two responsible persons, not of your own kindred, to be referred to. State how long each has known you. If previously employed one of these must be the last employer. {  
Name,  
Address, has known me years.  
Name,  
Address, has known me years.

*Having read, and clearly understanding and agreeing to the foregoing conditions and regulations, I declare the above statement to be correct.*

*Signed,*.....  
Candidate.

*Present Address,*.....

QUESTIONS TO BE ANSWERED BY CANDIDATES

{ To what has this body given birth?

ANSWER

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